

I Taught My Child Today...

by knowing what vaccines my child needs and keeping them on schedule.



Ideas to Better Understand the Reasons for Immunizations

- Immunizations for our infants and children protect them before they become infected with diseases and are spread to others.
- Testing of vaccines make sure they are safe and effective.
- Delaying vaccines put infants and children at risk for vaccine-preventable diseases.
- Catch-up schedules for infants and children exist for those who fall behind on their vaccines.
- Catch-up schedules are available to review at www.cdc.gov/vaccines/recs/schedules/.
- Following the vaccine schedule gives babies the best chance to be immune to diseases before they can be exposed to them.

You are your child's first teacher and advocate. Feel free to speak to your child's pediatrician about any concerns you might have about vaccines for your baby. The vaccine schedule is recommended by the Centers for Disease Control and Prevention, the American Academy of Pediatrics and the American Academy of Family Physicians. They state that a healthy baby's immune system is able to handle the number of vaccines on the recommended schedule.

Resources: <http://www.health.ny.gov/prevention/immunization/index.htm>

Infancy Leadership Circle/Erie:
A Project of New York Zero-to-Three Network—Raising Voices For Babies