

I Taught My Child Today...

by keeping my baby safe.



Ideas to Promote Safety

- Become more aware of what is in and around your home. Get down on your knees and look around to see what your little one would see at that level.
- Keep your child from accessing pools, toilets, water buckets, and bathtubs. Drowning can take place in two inches of water.
- Use plug covers on electric outlets.
- Always use straps to restrain your baby from falling off a changing table.
- Store cleaning products and medicines in locked cabinets out of reach.
- Always place babies on their backs at bedtime to avoid Sudden Infant Death Syndrome (SIDS).
- Secure windows so they can't be opened more than four inches so your child can't climb through it.
- Use car seats age appropriately. All children must use a car seat under forty pounds. Infant car seats face the rear. If over forty pounds, a harness seat belt with booster seat is required.

Baby proofing your home will help keep accidents from occurring. It is not a onetime procedure. It is an on-going way of thinking. Careful supervision of your baby goes hand-in-hand with baby proofing. You need both ingredients for effective safety planning. As your child's first teacher, you are showing your little one how to stay safe. Growing babies find new and different ways to explore so there will be new and different potential hazards to head off.

Resource: <http://www.womansheart.org>

Infancy Leadership Circle/Erie:
A Project of New York Zero-to-Three Network—Raising Voices For Babies