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New York Zero-to-Three Network

Fostering collaboration among those who work with infants, toddlers and their families

December 2012

Annual Appeal

NYZTT Network is a 501c3 tax-exempt charitable organization.

Please consider making a charitable donation to our annual appeal today.

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Upcoming Events

FOR FULL CALENDAR [CLICK HERE](#)

January 11, 2013 [Institute for Parenting Event - Post Sandy](#)

January 31, 2013: [SAVE THE DATE -STRONGER FAMILIES NY LEADERSHIP FORUM, Poughkeepsie, NY](#)

VOLUNTEER NEEDED: We

Dear Pamela,

The tragedy of the Sandy Hook Shooting leaves a hole in all of our hearts. Our deepest sympathies and condolences go out to the families and survivors.

In the past few days we have received a large number of links to resources for coping with the violence, especially helping parents and children cope. Here is a compilation of what we received (in no particular order). Please share them with others and let us know of any that we did not mention so we can share them with the New York Zero-to-Three Network.

- Montclair State University's [Center for Autism and Early Childhood Mental Health Guidance](#) for talking with children, including children with special needs (thanks to Gerry Costa for putting it on-line for us)
- [ZERO TO THREE NATIONAL CENTER](#) resources
- [AAP Resources in the Aftermath of School Shootings](#)
- [Bazelon Center For Mental Health Law Statement](#)
- Erin Wilkins, Resource Librarian for the National Resource Center for Health and Safety in Child Care and Early Education emailed this great list of resources:

1. [National Hotlines, Referral Resources, and Support Services](#)
2. [Tips for talking with children after a traumatic event](#)
3. [Helping your children manage distress in the aftermath of a shooting](#)
4. [Managing your distress in the aftermath of a shooting](#)
5. [Talking to Children about Community Violence](#)

We hope and pray for a peaceful New Year.

The New York Zero-to-Three Network

SCAA hosts forum on poverty

Looking Forward: Improving the Well-Being of Children and Families - A SCAA Forum

The [Schuyler Center for Analysis and Advocacy](#) (SCAA) held an inaugural policy forum calling attention to poverty in New York State and its impact on the well-being of children and families, November 29th in Albany.

The forum was well attended by stakeholders and state leaders across many disciplines. Many early childhood practitioners, advocates, and leaders were in the audience.

are looking for a volunteer to help keep our calendar up to date! Time commitment is approximately 2 hours per month. Easily done from your home computer. If you are interested please contact us.



Articles and Resources:

Center on the Developing Child: [Working paper #12 The Science of Neglect: The Persistent Absence of Responsive Care Disrupts the Developing Brain](#)

NYC: [Infant Mortality at all time low in NYC, Life expectancy at all time high](#)

PEDIATRICS: [Breastfeeding Education and Support Trial for Overweight and Obese Women: A Randomized Trial](#)

[Self-Report of Child Care Directors Regarding Return-to-Care \(after illness\)](#)

NYTIMES: [Nurses Aid Low-income First Time Mothers](#)

BYU - [For Children with Disabilities Parenting Style Matters](#) (thx to FOR OUR BABIES for highlighting)

The American Prospect: [Pre-K on the Range](#)

PBS Learning Matters: [REACH OUT AND READ at Bellevue featured](#) (video)

ZERO TO THREE: [Highlights 2012](#)

The forum was highlighted by a keynote address by Peter B. Edelman that brought the crowd to its feet. Participants were nurtured and inspired to continue their work on alleviating and eliminating poverty.

A recap of the event can be accessed [HERE](#). Short video clips of speakers and panelist are [HERE](#).

SCAA has released a brief on how New York can move forward in the fight against poverty: [Looking Forward to 2013: Creating Opportunity for All of New York's Children and Families](#). It is an inspiring read on where we can go and how we can get there!

2012 Hedi Levenback Evening

NYZTT's Evening with a Pioneer Honors Psychoanalyst Fred Pine

On Monday, December 10th, New York Zero -to-Three Network held its 14th Annual Hedi Levenback Evening with a distinguished senior statesperson in the field. The event honors the memory of Hedi Levenback, a founding board member of the Network who was herself a pioneer in the development and implementation of policy and regulations for infants, toddlers, and preschool daycare programs in New York City. She served on many early childhood councils and had the unique ability to knit people and resources together. Hedi had a special interest in the role of play in early childhood therapy. Her career grew out of her early upbringing in Vienna where she observed the school yard nursery of Anna Freud and Peter Blos from her living room window. NYZTT was again delighted to have Hedi's daughter Liz Shamir in attendance.

The honoree this year was Fred Pine, PhD, a psychologist and psychoanalyst with a history of empirical (both experimental and observational) research, teaching, and clinical work and a distinguished writing career that merged psychoanalytic and developmental theory.

Gil Foley, EdD, NYZTT Network board member, interviewed Dr. Pine. Many of the attendees were long-time colleagues and friends of Dr. Pine's who were delighted to be able to spend an evening in his honor.

Gems of wisdom from Dr. Pine's long career from the interview:

- On parenthood: "When I had my first child, I discovered my true calling 'to be a mother'"
- On pluralism: "We need to keep bringing in diverse opinions or the current psychoanalytic theory will become a religion."
- On the idea of magnification: "When a parent is going through conflictual feelings the feelings are transferred to the child and magnified, impacting on the child and making the parent-child relationship more complicated"
- On functioning: "Children approach life with one leading function, and this gets into every aspect of their being, even at the level of running"
- On the truth of psychology: "We used to have a sense of shared theory in psychoanalysis, but now I see that there is no monopoly on truth anymore"
- On learning: "We need to gradually replace knowledge"

AVAILABLE FOR PRE-ORDER:
[Preventing Child Maltreatment and Promoting Well-Being: Network for Action 2013 Resource Guide.](#)

- with experience"
- On need for rules: "Psychoanalysts need rules to help their patients...everything is about the two people in the room ...some psychoanalysts need to be neutral, others need some involvement"

Thanks so much for everyone that joined us to remember Hedi in such a special way.

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